

Back Handspring Clinic

Age 6+ 2 1/2
hour clinic

-For those who do not have back handsprings alone
-Clinic includes stretching, drills, technique training, conditioning

\$25 per clinic

- Tuesday, 6/27 9:00-11:30am
- Friday, 6/30 1:00-3:30pm
- Thursday, 7/13 12:00-2:30pm
- Wednesday, 7/19 4:30-7:00 pm
- Tuesday, 7/25 4:30-7:00 pm
- Thursday, 7/27 9-11:30 am
- Wednesday, 8/2 9:00-11:30 am
- Friday, 8/1 12:30-3:00

Round-off Back Handspring Clinic

Age 6+ 2 1/2
hour clinic

-For those that can do back handsprings alone and are working on round-off back handsprings
-Clinic includes stretching, drills, technique training, conditioning

-\$25 per clinic

- Tuesday, 6/27 4:30-7 pm
- Friday, 6/30 1-3:30 pm
- Wednesday, 7/12 9-11:30 am
- Tuesday, 7/18 9-11:30 am
- Wednesday, 7/26 4:30-7 pm
- Saturday, 7/29 9-11:30 am
- Thursday, 8/3 2:30-5:00 pm
- Tuesday, 8/8 9-11:30 am

***Must have at least 3 enrolled to run clinic**

Back Tuck Clinic

Age 6+ 2 1/2 hour
clinic

-For those who are able to do back handsprings alone and are working on standing back tucks and round-off back tucks
-Clinic includes stretching, drills, technique training, conditioning

\$25 per clinic

- Wednesday, 6/28 9-11:30 am
- Thursday, 6/29 12-2:30 pm
- Tuesday, 7/11 4:30-7:00 pm
- Friday, 7/14 1:30-4 pm
- Thursday, 7/30 2:30-5 pm
- Wednesday, 7/26 9-11:30
- Friday, 8/4 1:00-3:30 pm
- Thursday, 8/10 9:30-12

Higher Level Tumbling Clinic

Age 6+ 2 1/2 hour
clinic

-For those who are able to do round-off, layouts and are working on twisting tumbling
-Clinic includes stretching, drills, technique training, conditioning

\$25 per clinic

- Wednesday, 6/28 4:30-7 pm
- Thursday 6/29 12:30-3 pm
- Thursday, 7/13 9-11:30 am
- Saturday, 7/15 9-11:30 am
- Friday, 7/21 1:00-3:30 pm
- Tuesday, 7/25 9-11:30 am
- Tuesday, 8/1 4:30-7:00 pm
- Wednesday, 8/9 4:30-7:00 pm

Coach Steve has 30 plus years of coaching experience, he knows how to get results through teaching proper techniques and body shapes. His son, Brandon, has been coaching for 6 years and has learned everything he knows from Steve.

American Eagles Summer Tumbling Clinics

Name _____

Address _____

City _____

Zip _____

Phone _____

Birthdate _____ Age _____

Parents Names _____

Clinic – please check

_____ Back Handspring

_____ Round-off, back handspring

_____ Back Tuck

_____ Higher Level tumbling

Day & Time

Day _____

Time _____

Please fill out and bring to